



Weston Medical Education Foundation of India

Office No:- 99,9th Floor, Kalpataru Avenue, Opp. ESIC Hospital, Kandivali (East) , Mumbai -400101.
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THE GASTRO SUMMIT

22nd & 23rd February, 2025 at Soma, Nashik

"**The Gastro Summit**" convened in Soma, Nashik, orchestrated by the esteemed Weston Medical Education Foundation of India. This gathering aimed to amalgamate the expertise of General Physicians and Gastroenterologist from across India, fostering a dialogue on the intricacies of managing gastrointestinal diseases and its associated complications.

"During the CME, Weston Medical Education Foundation of India emphasized the essential role of such events in bridging the gap between cutting-edge research and everyday medical practice, ensuring wider access to knowledge for the benefit of all doctors and their patients."

Total Participants: 35 distinguished participants

EXPERTS

Faculties:

- Dr. Tariq Patel
- Dr. Subhash Agal
- Dr. Balbir Singh Kohli
- Dr. Vaishnavi Patil
- Dr. Kalpana
- Dr. Amit Pathak



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AGENDA

Day 1 – 22nd February, 2025

Time: 2:00 p.m. to 9:00 p.m.

Topics	Speakers	Timings
Welcome Note		02:00 p.m. to 02:15 p.m.
Overview of GERD: Current Challenges and Unmet Needs	Dr. Tariq Patel	02:15 p.m. to 03:00 p.m.
Pantoprazole: A Paradigm Shift in GERD Management	Dr. Subhash Agal	03:00 p.m. to 03:45 p.m.
Managing Helicobacter pylori Eradication with Pantoprazole	Dr. Balbir Singh Kohli	03:45 p.m. to 04:30 p.m.
Tea Break		04:30 p.m. to 05:00 p.m.
Pantoprazole vs. Vonoprazan: Comparative Efficacy and Safety	Dr. Vaishnavi Patil	05:00 p.m. to 05:45 p.m.
Metabolic Dysfunction Associated Fatty Liver Disease Management	Dr. Tariq Patel	05:45 p.m. to 06:30 p.m.
Meal-Independent Acid Suppression: A Unique Advantage of Pantoprazole	Dr. Kalpana	06:30 p.m. to 07:15 p.m.
Panel Discussion: GERD Case Scenarios and Challenges in Daily Practice	Dr. Amit Pathak	07:15 p.m. to 08:30 p.m.
Q&A Session		08:30 p.m. to 09:00 p.m.

DAY 2 – 23rd February, 2025

Time: 10:00 a.m. to 09:00 p.m.

Topics	Speakers	Timings
Nocturnal Acid Reflux: Diagnosis and the Role of Pantoprazole	Dr. Vaishnavi Patil	10:00 a.m. to 10:45 a.m.
Pantoprazole in Reflux Esophagitis: Evidence-Based Applications	Dr. Balbir Singh Kohli	10:45 a.m. to 11:30 a.m.
Pantoprazole for Erosive Esophagitis	Dr. Tariq Patel	11:30 a.m. to 12:15 p.m.
Real-World Evidence on Pantoprazole: A Global Perspective	Dr. Subhash Agal	12:15 p.m. to 01:00 p.m.
Lunch		01:00 p.m. to 02:30 p.m.
Complex GERD Cases: Treatment Pathways with Pantoprazole	Dr. Kalpana	02:30 p.m. to 03:30 p.m.
Pantoprazole for Long-Term GERD Management: Addressing Safety and Tolerability	Dr. Amit Pathak	03:30 p.m. to 04:15 p.m.
Future Trends: Innovations in GERD Diagnosis and Treatment	Dr. Tariq Patel	04:15 p.m. to 05:00 p.m.
Tea Break		05:00 p.m. to 05:45 p.m.
Innovative Approaches to Gut Microbiome Research	Dr. Vaishnavi Patil	05:45 p.m. to 06:45 p.m.



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Innovations in PPI Research: Pantoprazole's Role in the Evolving Landscape	Dr. Subhash Agal	06:45 p.m. to 07:30 p.m.
Management of Functional Gastrointestinal Disorders	Dr. Balbir Singh Kohli	07:30 p.m. to 08:15 p.m.
Panel Discussion: Optimizing GERD Management with Pantoprazole	Dr. Tariq Patel	08:15 p.m. to 09:00 p.m.

Summary of CME

Day 1:

❖ **Overview of GERD: Current Challenges and Unmet Needs - Dr. Tariq Patel**

This session provided a comprehensive overview of GERD, outlining its pathophysiology, prevalence, and impact on patient quality of life. Dr. Patel focused on the persistent challenges clinicians face, including diagnostic dilemmas, treatment-resistant cases, and the need for more effective long-term management strategies. Emerging therapeutic options and patient-centric approaches were also explored.

❖ **Pantoprazole: A Paradigm Shift in GERD Management - Dr. Subhash Agal**

This session explored how Pantoprazole has revolutionized GERD management through its superior acid suppression and longer duration of action. Dr. Agal emphasized its pharmacokinetic properties, clinical benefits, and its role in optimizing symptom relief and healing esophageal damage in GERD patients.

❖ **Managing Helicobacter pylori Eradication with Pantoprazole - Dr. Balbir Singh Kohli**

The discussion focused on the crucial role of Pantoprazole in Helicobacter pylori eradication regimens. Dr. Kohli covered its synergy with antibiotics, dosing strategies, and real-world evidence demonstrating its effectiveness in improving eradication rates while minimizing treatment-related complications.

❖ **Pantoprazole vs. Vonoprazan: Comparative Efficacy and Safety – Dr. Vaishanvi Patil**

This session compared the clinical efficacy and safety profiles of Pantoprazole and Vonoprazan, two proton pump inhibitors (PPIs) commonly used in GERD treatment. The discussion highlighted key differences in their acid suppression capabilities, onset of action, and long-term safety data, providing insights into their respective roles in clinical practice.

❖ **Metabolic Dysfunction Associated Fatty Liver Disease Management - Dr. Tariq Patel**

Dr. Patel explored the association between GERD and metabolic dysfunction-associated fatty liver disease (MAFLD), emphasizing Pantoprazole's role in managing acid-related complications in these patients.



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❖ **Meal-Independent Acid Suppression: A Unique Advantage of Pantoprazole - Dr. Kalpana**

This session emphasized the ability of Pantoprazole to provide effective acid suppression regardless of meal timing. Dr. Kalpana focused on its pharmacological advantages, making it a more flexible and convenient treatment option for GERD patients requiring consistent acid control throughout the day.

❖ **Panel Discussion: GERD Case Scenarios and Challenges in Daily Practice - Dr. Amit Pathak**

A panel of experts discussed real-world GERD case scenarios, addressing challenges such as refractory GERD, atypical symptoms, and patient adherence issues. Dr. Amit Pathak provided practical insights into optimizing treatment strategies using Pantoprazole in various clinical settings.

Day 2:

❖ **Nocturnal Acid Reflux: Diagnosis and the Role of Pantoprazole - Dr. Vaishnavi Patil**

This session highlighted the significance of nocturnal acid reflux in GERD patients and its impact on sleep quality. Dr. Patil discussed the role of Pantoprazole in effectively managing nighttime acid production and preventing breakthrough symptoms, along with best practices for treatment.

❖ **Pantoprazole in Reflux Esophagitis: Evidence-Based Applications - Dr. Balbir Singh Kohli**

The discussion focused on the role of Pantoprazole in treating reflux esophagitis, emphasizing its high healing rates and sustained symptom relief. Dr. Kohli explored clinical guidelines and evidence-based strategies for optimizing its use.

❖ **Pantoprazole for Erosive Esophagitis - Dr. Tariq Patel**

This session covered the effectiveness of Pantoprazole in the management of erosive esophagitis, detailing its mechanism of action, dosing regimens, and clinical outcomes in patients with severe esophageal mucosal damage. Dr. Patel provided key insights.

❖ **Real-World Evidence on Pantoprazole: A Global Perspective - Dr. Subhash Agal**

This session provided a global overview of real-world data on Pantoprazole use, highlighting international studies and patient-reported outcomes. Dr. Agal underscored its widespread adoption and effectiveness across diverse patient populations.

❖ **Complex GERD Cases: Treatment Pathways with Pantoprazole - Dr. Kalpana**

The session focused on managing complex GERD cases, including refractory GERD, extra-esophageal manifestations, and GERD-related complications. Dr. Kalpana shared evidence-based treatment pathways integrating Pantoprazole as a cornerstone therapy.



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- ❖ **Pantoprazole for Long-Term GERD Management: Addressing Safety and Tolerability - Dr. Amit Pathak**
Long-term GERD management requires balancing efficacy with safety. Dr. Pathak reviewed the latest safety data on prolonged Pantoprazole use, addressing concerns such as bone health, micronutrient absorption, and potential risks while reinforcing its favorable benefit-risk profile.
- ❖ **Future Trends: Innovations in GERD Diagnosis and Treatment - Dr. Tariq Patel**
This session explored upcoming advancements in GERD diagnosis and treatment, including novel drug formulations, improved diagnostic tools, and emerging therapeutic targets aimed at enhancing patient outcomes. Dr. Patel led the discussion.
- ❖ **Innovative Approaches to Gut Microbiome Research - Dr. Vaishnavi Patil**
The discussion focused on the evolving field of gut microbiome research and its implications for GERD treatment. Dr. Patil reviewed emerging evidence on the interplay between microbiota, acid suppression therapy, and GERD pathophysiology.
- ❖ **Innovations in PPI Research: Pantoprazole's Role in the Evolving Landscape - Dr. Subhash Agal**
This session examined ongoing research into proton pump inhibitors, particularly Pantoprazole, and its evolving role in GERD management. Dr. Agal covered topics including new delivery systems, formulation enhancements, and pharmacogenomic considerations.
- ❖ **Management of Functional Gastrointestinal Disorders - Dr. Balbir Singh Kohli**
This session broadened the discussion to include functional gastrointestinal disorders, exploring how Pantoprazole fits into a comprehensive management strategy alongside dietary modifications, lifestyle changes, and adjunctive therapies. Dr. Kohli led the discussion.
- ❖ **Panel Discussion: Optimizing GERD Management with Pantoprazole - Dr. Tariq Patel**
The final panel discussion brought together experts to address key challenges and best practices in GERD management with Pantoprazole. Dr. Patel led case studies, patient-centric approaches, and future directions to conclude the event on a high note.

DAY 1 & 2 Highlights:

- ❖ The GERD symposium provided a comprehensive exploration of current challenges, treatment advancements, and future directions in managing GERD. Experts discussed the role of Pantoprazole in addressing unmet clinical needs, emphasizing its efficacy, safety, and unique pharmacological properties.



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Key sessions covered the comparative benefits of Pantoprazole versus Vonoprazan, its role in *Helicobacter pylori* eradication, and the advantages of meal-independent acid suppression. Discussions also included real-world evidence supporting Pantoprazole's use in reflux and erosive esophagitis, as well as long-term GERD management strategies focusing on safety and tolerability.

Panel discussions delved into complex GERD cases, practical challenges in daily clinical practice, and optimizing GERD management. The event also highlighted emerging trends in gut microbiome research and innovations in PPI therapy.

Overall, the symposium underscored the importance of integrating clinical trial data with real-world applications to enhance patient outcomes in GERD treatment.

- **In the end of this CME, the Weston Medical Education Foundation of India extended, its sincere vote of thanks to the attending delegates and acknowledged the academic industry partners for their valuable support and contribution to the success of this event.**

- 1. Aristo Pharmaceuticals Pvt. Ltd. (Gold Sponsor)**
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Photos of CME

WELCOME DELEGATES





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SESSIONS





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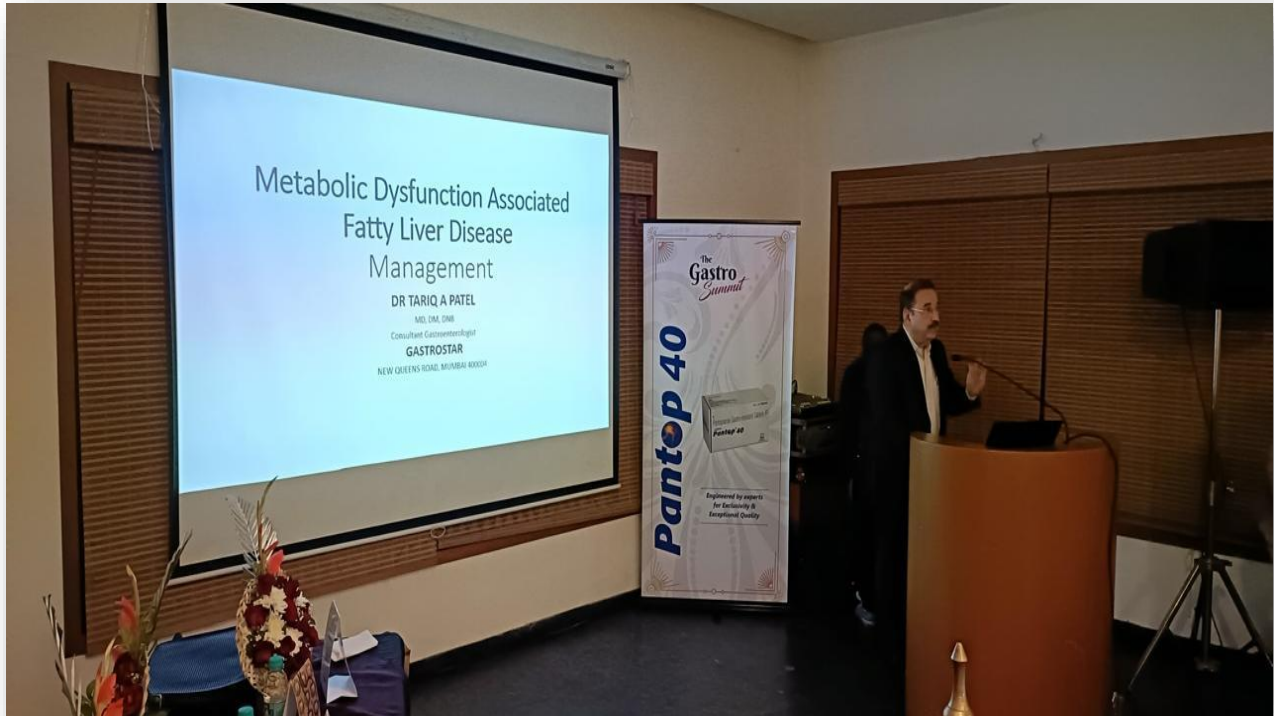




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PANAL DISCUSSION





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